



matt talbot
kitchen & outreach

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bold hope. bold hope. bold hope. bold hope. bold



Freshen Your Plate

Learn how Whole Foods is supporting our initiative to make fresh, healthy food accessible to our guests.



NEWSLETTER

News From the Kitchen

Updates on fresh fruits and vegetables, open volunteer positions, and more!

December Highlights

See the results of the 2024 Shine the Light Walk and fun reflections on holiday celebrations!

A Letter From Emily

Warm your body and your spirit during these cold winter months.

Whole Foods Helps Freshen Plates with a Generous Donation

In December, Whole Foods gave Matt Talbot a generous donation of fresh produce, including fruits, vegetables, and greens. These vibrant, nutritious ingredients will enhance the meals we serve through our Freshen Your Plate program, ensuring our guests receive food that nourishes both body and spirit.

Thanks to help from the Community Health Endowment, Freshen Your Plate is one of our key initiatives, focused on ensuring a fresh fruit and/or vegetable is provided with every meal we serve.

Thank you, Whole Foods, for starting the year with such a meaningful gift and helping us make a difference—one fresh plate at a time!



For Volunteers

Volunteers are the backbone of Matt Talbot Kitchen & Outreach. Whether it is purchasing ingredients, preparing food, serving a meal, helping at the reception desk, working in the garden, or hosting a donation drive or special event-- we appreciate your investment of time and resources and want to assist you in any way we can. Here are the latest updates:

Ongoing Hunger Relief Openings

We are looking for volunteers to fill the following positions:

- 2nd Monday dinner monthly, except four times a year
- 3rd Monday lunch monthly
- 3rd Wednesday dinner monthly
- 4th Monday lunch monthly
- 2nd Thursday lunch monthly
- Every other 1st Friday dinner, starting in January.
- Every other 1st Sunday dinner, starting in January
- 2nd Friday lunch June-August

Reach out to Victoria if you have any interest in filling one of these openings. Thanks!

In Kind Donation Forms

It's that time of year again! In Kind Donation forms are now available online and are due by January 24th. If a hard copy is needed, they will be available in our kitchen! Please contact Victoria with any questions or concerns.



Victoria

Victoria O'Neil

Director of Hunger Relief and Volunteerism

victoria.oneil@mtko.org, 402-817-0623

**THE KITCHEN TEAM WISHES YOU
HAPPY HOLIDAYS AND A GREAT
NEW YEAR!**



A Holiday Thank You

From the bottom of our hearts, thank you volunteers for all you do to support our mission. We couldn't do it without you! We're wishing everyone a lovely start to the new year.



Shine the Light 2024

Matt Talbot Kitchen & Outreach hosted the second annual SHINE THE LIGHT walk on Sunday, December 8, 2024, at Antelope Park. The event raised awareness about the challenges faced by people experiencing unsheltered homelessness during the winter. The 1-mile walk allowed community members to imagine what homelessness feels like in the winter and learn how to help.

We are thrilled to share that the event raised over \$7k to support Matt Talbot's programs and services. Thank you to the 107 walkers, 23 volunteers, and 3 sponsors for making this event happen!



A Heartwarming Holiday at Matt Talbot

This holiday season, Matt Talbot was filled with joy, warmth, and the spirit of giving during our annual Holiday Celebration. The day began with our Holiday Around the World meal, a unique culinary journey that brought flavors from across the globe right here to Matt Talbot. Guests received tickets to visit different food stations, each featuring a dish from a different country, offering a delicious opportunity to experience and appreciate global traditions. Thank you to La Paz Restaurant, Billy's Restaurant, Lou Ann Cao's hunger relief team, and the India Association's hunger relief team for providing so many great food options for our guests!

In the evening, we enjoyed a special dinner generously provided by Raising Cane's, featuring their signature chicken fingers and sides. Raising Cane's also brought holiday magic for our youngest guests by hosting a cheerful Santa Claus who posed for pictures and spread Christmas cheer. Every child received a holiday gift, purchased with funds from a successful Raising Cane's fundraiser held the previous week. We are incredibly grateful to all who contributed to making this celebration a heartwarming success!

Souper Bowl of Caring 2025

As we move into the new year, it's time to start signing up for the Souper Bowl of Caring! This national event has inspired people from all 50 states to give locally and make a collective impact on hunger while enjoying the football game for 30+ years.



Participation is easy and a great opportunity for groups of all sizes. We'll even provide different game plans to ensure your team a victory! Please visit mtko.org/events or scan the QR code to register your team and to help us tackle hunger!



monthly recipe:

Egg Roll in a Bowl

150 1-cup Servings



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2121 N 27th St
Lincoln, NE 68503

Ingredients

- 38 lbs ground pork
- 19 medium sized onions
- 600 ounces (38 lbs) coleslaw mix
- 75 green onions
- 2 ¼ cups sesame oil
- 2 ¼ cups rice vinegar
- 2 ¼ cups minced garlic
- 4 ½ cups worcestershire sauce
- 2 ¼ cups balsamic vinegar reduction

Directions

1. Heat a large skillet over medium-high heat. Add ground pork and cook, stirring and chopping into small pieces. Cook until no longer pink, drain and return meat to skillet if needed.
2. Add diced onion, sesame oil and rice vinegar to the skillet. Cook, stirring, for 4-5 minutes or until onion is tender.
3. Add coleslaw bag mix, garlic, reduced sodium Worcestershire sauce, and balsamic vinegar reduction to the skillet. Cook, stirring, for about 5-7 more minutes, or until cabbage has wilted.
4. Remove mixture from the heat. Stir in green onions and season with pepper or your favorite spice to taste.

Nourish Your Body and Spirit

by Emily Gratopp, MS, ACC, ACTC
Assoc Extension Educator,
University of Nebraska, Lincoln

What warms your heart on a cold day? January in Nebraska can feel bittercold and long, especially after the buzz of the holiday season. Not to mention our world in general can feel hurried and disconnected. Do you find yourself longing for more warmth this January? Connection with others can bring warmth and comfort to our lives. Connection, in all its forms, is a fundamental human need. A kind smile, a gentle word, or the simple act of listening can brighten even the coldest days.

This need for warmth extends to the ways we care for one another, and nothing symbolizes this better than sharing a meal. A bowl of soup, steaming and filled with wholesome ingredients, becomes a vessel of love and comfort. It nourishes the body while reminding the spirit of the love and care behind it. Soups rich in hearty vegetables, grains, and herbs not only warm us but also provide the nutrients our bodies crave during colder months.

Sharing warmth is as much about presence as it is about action. Whether by volunteering, cooking for a neighbor, or simply offering a moment of kindness, we create connections that sustain us all. Share one of the soup recipes from Nebraska Extension's 'Soup Month' page. A fan favorite for its convenience and budget-friendly ingredients is the Three-Bean Chili recipe.

This January, let us find ways to wrap each other in warmth, not just through food but through love, generosity, and community. Together, we can fill this cold month with moments that truly warm and nourish—heart, spirit, and body.



January 2025

SERVING TEAM CALENDAR

lunch: 11:30am - 12:30pm | dinner: 5:30pm - 6:30pm



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 lunch Wednesday Lunch Bunch dinner Praise Temple Church	2 lunch Leftover Queens dinner St. Joseph's	3 lunch IANL dinner SUB TEAM Messiah Life Group	4 lunch College View Church dinner Family & Friends
5 lunch Melinda Stanton & Friends dinner OPEN	6 lunch SUB TEAM Tim Muggy/ Blessed Sacrament dinner Super Supper Servers	7 lunch Leftover Ladies dinner Capital City Christian Church	8 lunch Christ United Methodist Church dinner OPEN	9 lunch LPS Fire Station 2 dinner Blessed Sacrament #2	10 lunch Christ School dinner Spirit of Hope Lutheran Church	11 lunch UNL Woman's Softball Team dinner First Plymouth
12 lunch St. Mary's Elmwood dinner Joe Duggan	13 lunch Sacred Heart Beaver Crossing dinner SUB TEAM Standing Bear HS Baseball	14 lunch Community Corrections dinner St. Joseph #1	15 lunch OPEN dinner St. Teresa's #1	16 lunch Christ United Methodist - Maggie Bates dinner Living Faith Free Methodist Church	17 lunch Second Baptist dinner St. Mary's/NA Martyrs Mix	18 lunch Edenton Christian Church dinner Holy Savior Lutheran Church
19 lunch SUB TEAM Cheer Xpress dinner OPEN	20 lunch SUB TEAM Hill Bros. Logistics dinner St. David's Episcopal	21 lunch First Lutheran Church dinner SUB TEAM Pine Lake Behavior & Medical	22 lunch Trinity Lutheran-Cordova dinner LSW Student Council	23 lunch Smithfield dinner St. Francis & St. Clare	24 lunch SUB TEAM South Lincoln Family Dentistry dinner Sheridan Lutheran	25 lunch Blessed Sacrament #5 dinner CALL
26 lunch North American Martyrs dinner Servants of Saint Joseph & Youth Ministry	27 lunch SUB TEAM FBLA dinner Southpoint Christian	28 lunch Women's Welcome Club dinner Southwood Lutheran Church	29 lunch Orthodox Men of Lincoln dinner St. Peter's	30 lunch St. Paulinus dinner St. James Cortland	31 lunch Christ United Methodist Church dinner Southwood Lutheran Church	

Matt Talbot Answering Service: 402.473.2823

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Mission: To relieve hunger, overcome homelessness, address addiction, and provide outreach and advocacy in Lincoln.